Current status and updated recommendations for diagnosis and treatment of plasma cell myeloma in Switzerland

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The availability of drugs such as thalidomide, bortezomib and lenalidomide changed the landscape in myeloma treatment and has extended the median survival up to 10 years with a substantial improvement in quality of life. This development prompted a Swiss expert panel to re-evaluate the current status and formulate updated clinical recommendations for the diagnosis and treatment of plasma cell myeloma. These recommendations should help clinicians in their decision making to achieve the best outcome based on currently available data.

type: journal paper/review (English)
date of publishing: 21-02-2015
journal title: Swiss Med Wkly (145)
ISSN electronic: 1424-3997
pages: w14100